



COMMANDO TIME

COURSE CATALOG

2021-2022

This booklet provides descriptions of the Commando Time classes offered during the 2021-2022 school year. Classes that are awarded a credit are full year classes, and classes awarded a half credit are 1 semester. Classes that are extended study are awarded no credits. For students to receive a credit for the class they must be enrolled in that class for the full course.

Many classes have age requirements, grade level requirements or prerequisites. Please pay careful attention to these prerequisites when choosing a class.

Freshman will be pre-scheduled into a freshman rotation unless specifically requested by a teacher. **Some Sophomores and some Juniors will be pre-scheduled** into an ACT rotation that meets their mastery level on the ACT as determined by the practice test taken in the Spring of 2020. Students in grades 10-12 may request ACT rotation if they would like to have an ACT prep class.

Tier 2-4 ELA/Math

Credit: 1**

PREREQUISITE: Must be referred by teacher or lead educator

DESCRIPTION: The multi-tiered courses in ELA and Math are designed to help students refine and strengthen skills that correlate to standards in both math and ELA to help them be more successful in their core classes. Students are placed using frequent progress monitoring.**ACT Prep Rotation (106193)**

Credit: 1

DESCRIPTION: 10 and 11th grade students will be assigned to an ACT prep class that meets their current mastery level based on the previous year's practice test.**Freshman Rotation (102906)**

Credit: 1

DESCRIPTION: Freshman students will rotate through 3, 9 week courses that will help set them up for success at the high school level. Freshman will rotate through keyboarding, speech and presentation, and a reading and composition class.**African American Studies (103442)**

Credit: 1

DESCRIPTION: This course is split between 2 semesters. One semester is African American History and the other African American Literature. *History Portion* African American History traces the accomplishments and obstacles of African Americans from the early 1600s to the present. Specific emphasis will be placed on the political, economic, social, religious, and cultural factors that have influenced African American life and how African Americans have influenced those factors throughout America's history. Students will examine the life and contributions of African Americans from the early 1600s through the contemporary United States. Students will explore the influence of geography on slavery and the growth of slavery in the U.S. Students will consider urban and rural African American communities and institutions in the North and South leading up to and during the Civil War. Students will investigate the rise of Jim Crow and the subsequent effects of the laws and trace the impact of African American migration through the early 20th century. Students will explore the impact of the Harlem Renaissance and the contributions of African Americans during the Great Depression and World War II. Students will examine the successes and failures of the Civil Rights Movement and consider contemporary issues confronting African Americans. *Literature Portion* In this course, we will read and analyze African-American fiction and non-fiction from the late eighteenth-century through modern day. The literary works covered will complement the African-American history curriculum. Genres studied will include poetry, narrative, short stories, novels, and memoir. There will be a writing component in which students may compose narratives, essays, poetry and informal journals. Students will improve upon skills that reinforce the TN ELA standards.**Agriculture WBL**

Credit: 1

PREREQUISITE: Agriscience and Principles of Agricultural Mechanics or Agricultural Power & Equipment

DESCRIPTION: Students taking AG Co-op can be enrolled during Commando Time as well during the semester in which they have AG Co-op**Algebra I/II Extension (009305)**

Credit: 0

DESCRIPTION: These courses are designed for students who need extra support in their Algebra class**Anatomy and Physiology II, Honors (103295)**

Credit: 1

PREREQUISITES: Biology, Chemistry, and A&P I

DESCRIPTION: Anatomy and Physiology II will encompass the following introductions to these bodily systems, their functions, organs, physiology and microanatomy: Nervous System, Digestive System, Respiratory System, Reproductive System, Endocrine System, Immune System and bodily disorders of all designated systems. Students will conduct a research paper each semester dealing with a disorder or disease. It will have rough drafts and bibliography checks before final submission.**Anatomy and Physiology CTE (805991)**

Credit: 1

PREREQUISITE: Healthy Science. *This course is intended for those interested in concentrating in the health science fields, it is a CTE course.***DESCRIPTION:** Anatomy and physiology is designed to develop an understanding of the structures and functions of the human body, while relating those to knowledge and skills associated with pathophysiology. Upon completion of this course, proficient students will be able to (1) apply the gross anatomy from earlier courses to a deeper understanding of all body systems, (2) identify the organs and structures of the support and movement systems, (3) relate the structure and function of the communication, control, and integration system, and (4) demonstrate a professional, working understanding of the transportation, respiration, excretory, and reproduction systems. This course satisfies one credit of laboratory science required for graduation.**Advanced Placement European History (303441)**

Credit: 1

PREREQUISITE: Honors World Studies and/or teacher recommendation

RECOMMENDATION: Students should consider enrolling in Honors Ancient/Medieval History as well.

DESCRIPTION: AP European History is designed to begin college level study for highly motivated college bound students. An in-depth coverage of European History and the historical role of Europe as the leader in western society will be covered through lecture, outside reading, class discussion, essay writing, independent research, and other topical assignments. AP Test fee is approximately \$95.

AP Research (303168)

Credit: 1

PREREQUISITE: Successful completion of AP Seminar

DESCRIPTION: AP Research, the second course in the AP Capstone experience, allows students to deeply explore an academic topic, problem, issue, or idea of individual interest. Students design, plan, and implement a yearlong investigation to address a research question. Through this inquiry, they further the skills they acquired in the AP Seminar course. Students reflect on their skill development, document their processes, and curate the artifacts of their scholarly work through a portfolio. The course culminates in an academic paper and a presentation with an oral defense.

Advanced Placement Spanish (303025)

Credit: 1

PREREQUISITES: An A or B in Honors Spanish III, along with teacher recommendation.

DESCRIPTION: The goal of this course is to move the learner forward to the level of a fifth or sixth semester university Spanish course. This is a very rigorous course designed for the serious Spanish student who has a firm command of vocabulary and grammar from Honors Spanish IV. Students should be able to express themselves easily in Spanish through both the spoken and written word, and to understand Spanish targeted to native speakers. The objective is to master communication in formal and informal arenas. Students will hone their skills by writing opinion articles, engaging in round table discussions, and reading and analyzing texts that range from stories and articles focusing on everyday concerns to more formal essays. All students will take the AP test in May at a cost of approximately \$95.

AP World History Extension (109305)

Credit: 0

PREREQUISITE: Must be enrolled in AP World History

DESCRIPTION: This course is for students who are taking the AP World Studies to extend the time on task.

AP US History Extension (109305)

Credit: 0

PREREQUISITE: Must be enrolled in AP US History

DESCRIPTION: This course is for students enrolled in AP US History to extend the time on task.

Art History (113503)

Credit: 1

PREREQUISITE: Students need to have a general knowledge of art elements and principles.

DESCRIPTION: The Art History class consists of students surveying the time line of art through the ages. Every four weeks students are required to choose a period of art, take notes, write a paper on the period of art, do an oral presentation and a project that ties in with their unit. These five things will constitute their grade every four weeks. There is a \$10.00 materials fee required each semester.

Biology Extension (009305)

Credit: 0

PREREQUISITE: Must be enrolled in Biology

DESCRIPTION: This course is designed for students who need extra support in their Biology class.

Honors Biology II (103216)

Credit: 1

PREREQUISITE: Successful completion of Biology I and teacher recommendation

DESCRIPTION: This course is a laboratory course in which students engage in an in-depth study of the principles of Biology. This course emphasizes internal and external anatomical structures and their functions, the environmental interaction of organisms, processes of living things, mechanisms that maintain homeostasis, biodiversity, and changes in life forms over time. Students explore biological concepts through an inquiry approach. Embedded standards for Inquiry, Technology & Engineering, and Mathematics are taught in the context of the content standards for Cells, Interdependence, Flow of Matter and Energy, Heredity, Biodiversity and Change, Comparative Anatomy and Physiology and Botany. There will also be a research and inquiry unit that focuses on the knowledge, processes, and real-world issues associated with science and technology. Topics include experimentation, data analysis, science related careers, and technological advances.

Chemistry Extension (009305)

Credit: 0

PREREQUISITE: Must be enrolled in Chemistry (or upper level science)

DESCRIPTION: This course is designed for students who need extra support in their Chemistry class. *Note students taking an upper level science can also register for this as an extension of their science class*

Criminal Justice Practicum (806194)

Credit: 1

PREREQUISITE: Criminal Justice I, II and III or Pre-law I, II and III

DESCRIPTION: This is a capstone course and work-based learning experience designed to provide students with real-world application of skills and knowledge obtained in the criminal justice and pre-law classes. Students will be placed in legal and law enforcement career settings as an intern throughout the semester. **STUDENTS MUST BE 18 YEARS OF AGE PRIOR TO PARTICIPATING IN THIS COURSE.**

Digital Arts and Design I (806084)

Credit: 1

DESCRIPTION: This is a foundational course in the Arts, A/V Technology, & Communications cluster for students interested in art and design professions. The primary aim of this course is to build a strong understanding of the principles and elements of design and the design process. Upon completion of this course, proficient students will be able to utilize industry tools to conceptualize and create communication solutions which effectively reach targeted audiences. Students will acquire basic skills in illustration, typography, and photography. Standards in this

course include career exploration, an overview of the history of design, basic business management, and legal issues. In addition, students will begin compiling artifacts for inclusion in a digital portfolio using Apple iMacs, which they will carry with them throughout the full sequence of courses in this program of study. SkillsUSA, the student organization for this course, is active in community service, field trips, and various competitions. Note: Beginning with the 2016-17 school year students will be able to take this course to satisfy the fine art credit required for graduation.

Engineering Practicum CAD IV (806141)

Credit: 1

PREREQUISITE: CAD I-III

DESCRIPTION: This is a capstone course to provide students with the opportunity to apply the skills and knowledge learned in previous Engineering courses within a professional, working environment. In addition to developing an understanding of the professional and ethical issues encountered by engineers and technologists, students learn to refine their skills in problem solving, research, communication, data analysis, teamwork, and project management. Instruction may be delivered through laboratory training or through work-based learning such as internships, cooperative education, service learning, mentoring, and job shadowing. Upon completion of the practicum, students will be prepared for post-secondary study in engineering and technology fields.

Exercise Science (806170)

Credit: 1

PREREQUISITES: Health Science & Rehab Careers

DESCRIPTION: Students will study the importance that exercise, nutrition, and rehabilitation play in athletes or patients with debilitating or acute metabolic, orthopedic, neurological, psychological, and cardiovascular disorders. In addition, students have the opportunity to incorporate communication, goal setting, and information collection skills in their coursework in preparation for future success in the workplace.

FBLA Leadership (169310)

Credit: 0

PREREQUISITE: Member of FBLA

DESCRIPTION: This course is designed to develop leadership skills in FBLA Officers and members. Students will read books and articles, watch videos, listen to guest speakers, online leadership development, participate in class discussions and work on projects to further the leader traits that already exist in them. Students will also use this time to continue the tradition of having a strong local FBLA chapter at HHS by recruiting new members, participating in community service projects and preparing for competitions.

FCCLA (199310)

Credit: 0

PREREQUISITE: Active member of FCCLA

DESCRIPTION: This course is designed to develop leadership skills in FCCLA Officers and members. Students will read books and articles, watch videos, listen to guest speakers, online leadership development, participate in class discussions and work on projects to further the leader traits that already exist in them. Students will also use this time to continue the tradition of having a strong local FCCLA chapter at HHS by recruiting new members, participating in community service projects and preparing for competitions

FFA Leadership (805964)

Credit: 0

PREREQUISITE: Involved in agriculture classes and the FFA Chapter

DESCRIPTION: FFA class is a place for students involved in our agriculture classes and FFA chapter to learn and practice for competitions, work on and receive guidance for their SAE projects and award applications and learn more about our FFA chapter and how to get more involved. Students learn about leadership, FFA competitions, public speaking, Supervised Agricultural Experience projects, and team building through fun and interactive activities

Focus on Adulthood* (924202)

Credit: 1

PREREQUISITE: Recommendation from Case Manager

DESCRIPTION: This course is designed specifically for seniors who need extra support in their core classes

Geometry Extended Study (009305)

Credit: 0

DESCRIPTION: This course is designed for students who need extra support in their Geometry class

Human Studies (806137)

Credit: 1

Introduction to Human Studies is a foundational class for students interested in becoming a counselor, therapist, teacher, social worker, stay-at-home parent, dietician, nutritionist or community volunteer. This course covers the history of counseling, career investigation, stress management, mental illness, communication and the counseling process.

Hispanic Cultural Studies (103151)

Credit: 1

DESCRIPTION: From joyful birthday celebrations with piñatas to dictators and civil wars, this class seeks to introduce students to the history and culture of various Spanish-speaking countries. Topics will include historical events, holidays and other cultural celebrations, food, and music as well as current events. This is an interdisciplinary class with activities that include reading, writing, debates, discussions, videos, music, art projects and more. This class will be taught in English and requires no previous knowledge of the Spanish language.

Instrumental Technique (113566)

Credit: 1

DESCRIPTION: Students will be divided into small groups (depending on enrollment and instrumentation). Music will be assigned and prepared during class. Techniques of rehearsal and arranging will be discussed to meet the needs of students enrolled. Students in this class will also serve as peer mentors in the United Sound Club coordinated with special needs students during this time.

Leadership (sports) (109310) 11-12

Credit: 0

PREREQUISITE: Current Player & Coach's Recommendation

DESCRIPTION: This course is designed to help students examine, refine, and develop leadership skills to use not only while competing, but also within the school building and within the greater community.

Leadership (Student Body & Annual Staff) (109310)

Credit: 0

PREREQUISITE: Must be a student body or annual staff representative

DESCRIPTION: This course is designed to help students examine, refine and develop leadership skills and relate those skills to their position as a student body leader. It is also designed to provide time for student officers and annual staff to plan and execute events.

Lifetime Fitness (123301)

Credit: 1/2

Grade Level: 10, 11, 12

DESCRIPTION: This course is for students who want to learn more in depth fitness techniques and expand their knowledge of different exercises and healthy living habits. This class involves yoga, strength training, cardio fitness and other fitness activities. **You are expected to dress out for the class period.** Only those truly interested in expanding their exercise and nutrition knowledge should enroll.

OSHA Certification (129310)

Credit: 0

PREREQUISITE: Must have passed 2 previous ag classes

DESCRIPTION: OSHA 10-Hour General Industry Training is appropriate for junior or senior students wanting to go directly into the workforce in the following fields: factory operations, warehousing, manufacturing, storage and more. Enrollment and completion of OSHA 10 General Industry Training will help educate workers to predict, prevent, identify and stop possible common work site hazards.

Peer Tutor (139310)

Credit: 0

PREREQUISITE: Application, Interview and Teacher Approval

DESCRIPTION: Students who are interested in taking Peer Buddies must have a strong desire to work with our CDC students. Under the supervision of their assigned CDC teacher, students will work in small group settings with CDC students: assisting them with their classwork, school or community-based jobs, and social skills activities. Students will need to fill out an application and get two teacher recommendations, as well as go through an interview process to serve as a peer buddy.

Piano (Beginner) (113505)

Credit: 0

DESCRIPTION: This semester-long course will follow the John Thompson beginner piano curriculum for learning to read sheet music on the piano. Students will receive group instruction, will play together as a group, and will work independently. Students will learn scales and chords. By the end of the semester, students will have finished the entry level John Thompson book, will be able to play six major scales, and will be able to read music from a chord chart.

Robotics (806143)

Credit: 1

PREREQUISITE: You must have taken at least 1 Computer Science class OR 1 Engineering class prior to this Robotics course.

DESCRIPTION: This an applied course for students who wish to explore how robots and automated systems are used in industry. Upon completion of this course, proficient students will understand the historical and current uses of robots and automated systems, programmable circuits, interfacing both inputs and outputs, and testing and maintenance of robots and automated systems. Students will compete in at least 1 VEX robotics tournaments outside of class and will have numerous in-class competitions.

ROTC Leadership (103334)

Credit: 1

PREREQUISITE: Must be on the Battalion Staff and approved by the instructors and recommendation from teacher

DESCRIPTION: ROTC leadership class is the practical application of planning, organizing, directing and controlling an organization by serving on the Battalion Staff.

SAILS (109305)

Credit: 0

PREREQUISITE: Students must currently be enrolled in SAILS

DESCRIPTION: This course is for students who are enrolled in SAILS and need extra time to finish tests in the lab.

Songwriting (103012)

Credit: 1

Grade Level: 11-12

DESCRIPTION: This songwriting course is open to juniors and seniors with a passion for composing lyrics and performing music. Students will write lyrics using various songwriting techniques, learn to utilize lyrics to narrate a story and persuade listeners, and incorporate lyrical devices into their songs. The teacher will also partner with professionals in the music industry to give students an understanding of how to pursue songwriting in the future.

Theater Extension (159310)

Credit: 0

PREREQUISITE: Must be involved in the theater program

DESCRIPTION: This course is designed for theater students to provide more time to practice, rehearse, design sets and prepare for performance.

Video Production & Journalism (113008)

Credit: 1

DESCRIPTION: This course is designed to allow students, who have a desire to work in the communication field, the opportunity to produce a bi-weekly video news show, an online newspaper, and live event broadcasts. Students can be on screen personalities, investigative reporters, journalists, video editors, camera operators, or research assistants. There can be outside the class time required to cover events and to work on stories. We are specifically looking to increase participation in our NFHS live streaming of events. We need students who are committed and are willing to work in teams to cover athletic and arts events at HHS. Professionalism, integrity, and creativity are a must.

Vocal Auditions 101 (113570)

Credit: 0

DESCRIPTION: For serious vocalists only! This semester-long course will walk you through the basics of how to prepare for a vocal audition. In the first quarter we will cover the topics of vocal health, preparing for a classical audition, a contemporary audition, and a music theater audition. We will discuss how to choose music that best suits the voice of the singer. In the second quarter, students will individually prepare music for various types of auditions and will perform in class.

Virtual School Government & Economics (503417+ 503431)

Credit: ½ per class

PREREQUISITE: 12TH Grade

DESCRIPTION: This class will fulfill the Government and Economics requirement for graduation. Students will complete the course online through the virtual school program Edgenuity with a teacher in the room to act as a facilitator.

WBL/Service Learning/Commando Court

Credit: 1

Service-Learning is designed to place students in new situations where they apply their academic, technical, and social skills to serve others. Upon completion of this course, students will be able to structure an unstructured or ambiguous problem, connect personal development with academic attainment, and demonstrate citizenship and leadership skills. Students will also understand how their service-learning experiences fulfill an authentic need in the community and develop a portfolio of work that documents their discovery process and growth. The service-learning project for this court is the student ran Commando Court.

In addition to Commando Court, students will use inquiry skills to examine the issues that impact the contemporary world. Included in the course will be an analysis of criminal justice factors that have raised certain issues to levels of concern in our nation and around the globe. Students will engage in research and problem-solving in order to better understand and assess significant current issues.

WBL Business/Marketing (189310)

Credit: 0

PREREQUISITE: Must be enrolled in WBL during the semester

DESCRIPTION: Students taking WBL will be enrolled during Commando Time as well during the semester in which they have WBL.

WWT Intervention (909724)

Credit: 1

PREREQUISITE: Referral from case manager

DESCRIPTION: This course provides students with extra support and time for consultation during the day.