

Do You Know What Support Services HHS Has?

YOUR SCHOOL NURSE

The goal of the School Nurse is to help remove health barriers to learning by providing physical and mental health support through health plans, 504's and IEP's. The School Nurse is the liaison between the school community (educators, counselors, administration, guidance) and the health care community, working closely with student's physician's, therapists and other health care providers as needed. The School Nurse manages chronic conditions at school, provides medication support, provides immediate emergency triage, provides first aid and episodic care as needed.

SOCIAL/EMOTIONAL SUPPORT...MS SHEETS

STARS (Students Taking A Right Stand) is a student assistance program designed to help students overcome social/emotional barriers to learning. Students can receive individual counseling and may also be able to participate in a small group setting. Ms. Sheets, our STARS counselor, can be reached at 615-824-4028 or by email at debbie.sheets@sumnerschools.org. She is available Monday through Friday during regular school hours.

THE GUIDANCE DEPARTMENT

Your guidance counselor is here not only to support you to the graduation stage academically, but also socially and emotionally. Your guidance counselor can work with you in crisis and support you if you are having difficulty in or out of the school building.

YOUR TEACHER:

Your teacher's responsibility is to help you learn and master the content of their subject. However, your teachers can also be your first go-to person when you are struggling. Teachers can act as a confidant and have the ability to lead you to the right resources or people to help you when they can't.

YOUR ADMINISTRATOR

The role of your administrator is not only to see you when there is a discipline problem, but also to support you academically, socially and emotionally. Your administrator can provide a support system and help you through difficult times at school and at home. Your administrator can also help direct you to an appropriate support person or a healthy outlet.

CENTERSTONE COUNSELOR: HHS has a Centerstone counselor who works in the school building and can provide both individual and family counseling through your insurance.

Centerstone counselors and therapists create trust to encourage young clients to share their feelings. They develop treatment plans for the needs of each child made specifically for them. By teaming with families, schools and communities, they build a network of healing.

Centerstone services for children, adolescents and families include: individual, group and family counseling; school-based counseling and prevention services; psychiatric evaluation and treatment; medication evaluation and management; case management; in-home counseling; crisis intervention services; education and support.